## RESEARCH

### **Open Access**

# Check for updates

# Early predictors of new-onset immune-related seizures: a preliminary study

Xiangsong Shi<sup>1†</sup>, Weiwei Cai<sup>1†</sup>, Xiulin Zhang<sup>1</sup>, Heyue Pan<sup>1</sup>, Chengbing Huang<sup>2</sup>, Shouyong Wang<sup>1\*</sup> and Jianyang Xu<sup>1\*</sup>

#### Abstract

**Background:** Approximately 60% of patients with autoimmune encephalitis (AE) exhibit secondary acute symptomatic seizures and showed highly sensitive to immunotherapy. However, it is difficult for many patients to receive early immunotherapy since the early identification of the cause in AE is more complex. This study aimed to investigate the early predictors of initial immune-related seizures and to guide the evaluation of treatment and prognosis.

**Methods:** One hundred and fifty-four patients with new-onset "unknown etiology" seizures with a course of disease less than 6 months were included. Serum and/or cerebrospinal fluid neuron-specific autoantibodies (NSAbs), including N-methyl-D-aspartate receptor (NMDAR), α-amino-3-hydroxy-5- Methyl-4-isoxazole propionic acid receptor 1 (AMPAR1), AMPAR2, anti-leucine rich glioma inactivated 1 antibody (LGI1), anti-gamma-aminobutyric acid type B receptor (GABABR), anti-contact protein-related protein-2 (CASPR2) were used to screen for immune etiology of the seizures. In addition, patients with epilepsy and encephalopathy were also examined via brain MRI, long-term video EEG, antibody prevalence in epilepsy and encephalopathy (APE2) score, and modified Rankin Scale (mRS). A logistic regression model was used to analyze the early predictors of immune etiology.

**Results:** Thirty-four cases (22.1%) were positive for NSAbs. Among all 154 patients, 23 cases of autoimmune encephalitis (AE) (21 cases of NSAbs positive), 1 case of ganglionic glioma (NSAbs positive), 130 cases of epilepsy or seizures (12 cases of NSAbs positive) were recorded. Also, there were 17 patients (11.0%) with APE2  $\geq$  4 points, and all of them met the clinical diagnosis of AE. The sensitivity and specificity of APE2  $\geq$  4 points for predicting AE were 73.9% and 100%. The results of multivariate analysis showed that the NSAbs and APE2 scores independently influenced the early prediction of initial immune-related seizures (P < 0.05).

Conclusion: NSAbs and APE2 scores could act as early predictors of initial immune-related seizures.

Keywords: Seizures, Immune-related, MRI, Neuronal autoantibodies, APE2

#### Background

Epilepsy is one of the most common neurological diseases, with a lifetime prevalence of 7.60/1000 (95% CI 6.17-9.38) and an incidence of 61.44/100,000 years (95%

<sup>†</sup>Xiangsong Shi and Weiwei Cai contributed equally to this work.

\*Correspondence: frankwsy@126.com; zgjshaxjy@126.com

<sup>1</sup> Department of Neurology, Huai'an Third People's Hospital, No. 272, Huaihai West Road, 223001 Huai'an, China CI 50.75–74.38), affecting approximately 50 million people worldwide [1]. It is characterized by a persistent tendency to seizures with neurological, cognitive, psychological, and social impairment [2]. Epilepsy severely impacts the quality of life of the patient and has an economic burden of approximately 0.5% of the global disease burden [3]. Acute symptomatic seizures occur with systemic injury or have a close temporal association with documented brain injury, with an incidence of 29–39/100,000 person-years. Differ from epilepsy, the



© The Author(s) 2022. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated in a credit line to the data.

Full list of author information is available at the end of the article

etiology of acute symptomatic seizures is often clear, such as stroke, traumatic brain injury, etc., and these seizures have a low rate of recurrence [4]. Early identification of the cause of seizures clinically is considered to be critical for the early detection and management of associated causes and for implementing interventions to reduce the majority of preventable seizures.

With the recent advancements in neuroimmunology, especially after the International League Against Epilepsy (ILAE) listed "immunity" as one of the six major causes of epilepsy in 2017 [5], autoimmune encephalitis (AE) has garnered a lot of attention. Common clinical manifestations of AE include seizures, cognitive impairment, psychobehavioral abnormalities, movement disturbances, autonomic dysfunction, and disturbance of consciousness [6, 7]. In addition, approximately 60% of patients with AE exhibit secondary acute symptomatic seizures. Early immunotherapy has been shown to be associated with good clinical outcomes [8, 9]. However, it is difficult for many patients to achieve an early identification and immunotherapy since the clinical manifestations of AE are complex, and the early identification of the cause is more complex than stroke and traumatic brain injury. Currently, the diagnosis of AE relies on the detection of neuron-specific autoantibodies (NSAbs). However, due to the popularity of antibody testing, time cost, and interpretation of test results, the challenge of early identifying the cause of immune-related seizures in clinical practice is substantial. This study aimed to investigate the early predictors of initial immune-related seizures and to guide the evaluation of treatment and prognosis.

#### **Materials and methods**

#### **Research subjects**

Between August 2016 and December 2021, 154 patients with initial "unknown etiology" seizures diagnosed and treated by the Epilepsy Center of the Third People's Hospital of Huai'an City, Jiangsu Province were enrolled. Inclusion criteria: course of disease  $\leq 6$  months, seizures can't be explained as a known epilepsy etiology, risk factors for epilepsy can be excluded, such as perinatal injury, focal neurological impairment, family history of epilepsy. The classification of seizures was consistent with the 2017 ILAE's new classification of seizures and epilepsy [5]. The diagnosis of epilepsy was based on the 2014 ILAE pragmatic clinical definition of epilepsy [10]. Among the patients, there were 89 males and 65 females, and the median age was 23 (2-84). Clinical manifestations: 154 cases of epileptic seizures, including 14 patients with abnormal mental behavior, 8 subjects with cognitive impairment, 5 patients with facial-brachial dystonic seizures (FBDS), and 1 case with other facial movement disorders.

#### Methods

The Study is a prospective cohort study. There were 23 subjects in the AE cohort (mean age:  $48.74\pm20.36$  years; male/female: 12/11) and 131 subjects in the Non-AE cohort (mean age:  $26.79\pm20.43$  years; male/female: 53/78) included in our cohort study.As shown in Fig. 1, for the participants, peripheral venous blood was drawn in the morning the day after admission. Antibodies were detected using a cell-based assay (CBA, King-Med Diagnosis<sup>®</sup>), each one containing transfected cells expressing the receptors of a different neuronal surface antigen:NMDAR, LGI1, CASPR2, GABABR, AMPA1R, and AMPA2R. Further, six NSAbs were detected in cerebrospinal fluid (CSF) of patients with an APE2 score  $\geq 4$  within 7 days.

In EPILEPSIA, Dubey et al. reported that the APE 2 score, a 10-item, 18-point scale, could be used to investigate risk factors for seropositivity of neural antibodies predictive of an autoimmune cause for epilepsy [11]. According to Husari's study, we took APE2 score  $\geq 4$  as a meaningful criterion [12].

Demographic characteristics, clinical data, biological findings were collected (Table 1). Brain magnetic resonance imaging (MRI) and long-term video EEG were all performed in participants within 7 days.

Then we performed related checks to screen for oncologic comorbidities such as ovarian teratoma, small-cell lung cancer or thymoma.

#### Statistical analysis

A logistic regression model was used for multivariate analysis. The diagnosis of immune-related seizures was used as the dependent variable. The Independent variables included indicators with statistical significance in the above analysis and were included in the logistic regression equation for multivariate analysis. P < 0.05 was considered to be statistically significant.

#### Results

#### Positive rate of NSAbs

As shown in Table 2, among 154 patients, 34 (22.1%) were found to be positive for NSAbs. Of the 6 neuronal autoantibodies screened, 16/34 (47.1%) NMDAR, 8/34 (23.5%) LGI1, 5/34 (14.7%)CASPR2, 4/34 (11.8%)GABABR, 1/34 (2.9%) were positive for CASPR2 and NMDAR double antibodies, while AMPA1R or AMPA2R antibody positive cases were not detected. Based on the AE diagnostic criteria [6], among 34 NSAbs-positive patients, 21 were diagnosed with AE, all aged  $\geq$  16 years old, 9/21 (42.9%) were NMDAR positive, 5/21 (23.8%) LGI1 positive, 3/21 (14.3%) GABABR positive, 3/21 (14.3%) CASPR2 positive, 1/21 (4.7%) CASPR2 and NMDAR double-antibody



**Table 1**Summarizes the participants' demographic and clinicalcharacteristics

	AE	Non-AE	P values
Sample size	23(14.9%)	131(85.1%)	
Age of onset(year)			< 0.01
<16	0/23(0%)	58/131(36.7%)	
<u>≥</u> 16	23/23(100%)	73/131(47.4%)	
Sex			0.294
Male	12/23(52.2%)	53/131(40.4%)	
Female	11/23(47.8%)	78/131(59.6%)	
APE2			< 0.01
<4	6/23(26.1%)	131/131(100%)	
<u>≥</u> 4	17/23(73.9%)	0/131(0%)	
NSAbs			
Total	21	13	< 0.01
NMDAR	9/21(42.9%)	7/13(53.8%)	
GABABR	3/21(14.3%)	1/13(15.4%)	
LGI1	5/21(23.8%)	3/13(23.1%)	
CASPR2	3/21(14.3%)	2/13(7.7%)	
NMDAR/CASPR2	1/21(4.7%)	0/13(0%)	

positive. Of 120 NSAbs negative cases, only 2 NSAbsnegative patients were diagnosed with antibody-negative AEs. The sensitivity and specificity of NSAbs positive index in diagnosing AE were 91.3% and 90.1%. patients diagnosed with AE were administered immunotherapy or/and anti-seizure medications (ASMs). Among them, 22 cases were in remission, and 1 case died of lung cancer. ASMs alone in non-AE patients achieved remission in 125 cases and ineffectiveness or deterioration in 6 cases.

#### APE2 score

The median APE2 score for all patients was 1 (1–8). There were 17 patients (11.0%) with APE2  $\geq$  4 points, and all of them met the clinical diagnosis of AE. There were 137 patients (89.0%) with a score of 1  $\leq$  APE2 < 4, including 6/137 (4.4%) in the AE group and 131/137 (95.6%) in the non-AE group (Table 1). The sensitivity and specificity of APE2  $\geq$  4 for the diagnosis of AE were 73.9% and 100%, respectively.

#### Brain MRI

All patients underwent brain MRI examination via the Shanghai United Imaging MR 1.5T operation. The

Ŧ
OS (
SAI
Ż
anc
щ
q
ose
gno
dia
Ę
Ϊ
nts
tie
ba
SS
ije D
ep
of
tics
eris:
cte
ara
÷
2 D
rat
q
0
anc
9
inić
$\Box$
9
Ìq
Ta

Image         System         Trik factors         System         Trik factors         Split           11         Female         MUD4F         8         Yes         Yes         No         Outient centorna         1         N           21         Female         MUD4F         8         Yes         Yes         No         Outient centorna         1         N           21         Female         Kill         7         Yes         No         No <th>Age</th> <th>Sex</th> <th>NSAbs</th> <th>APE2 Score</th> <th>Clinical</th> <th>MRI limbic</th> <th>Epilepsy</th> <th>Video-EEG</th> <th>Concomitant tumor</th> <th>ASM</th> <th>Immunity therapy</th> <th>mRS</th> <th></th>	Age	Sex	NSAbs	APE2 Score	Clinical	MRI limbic	Epilepsy	Video-EEG	Concomitant tumor	ASM	Immunity therapy	mRS	
1         Franke         MUDR         8         Yes         Yes         No         No         Ovainanteentoms         1         Y           66         Male         Korraleeted         7         Yes         No					diagnosis of AE	system	risk factors	epileptiform discharge				On admission	Six months later
66         Male         Nordescend         7         Yes         No	21	Female	NMDAR	œ	Yes	Yes	No	No	Ovarian teratoma	-	IVMP, IVIg, PL EX, Pred	4	0
63         Male         IGI         7         Yes         No	66	Male	Not detected	7	Yes	No	No	No	No	2	IVMP, IVIg	S	-
21         Male         ICI         7         Yes         No	63	Male	LG11	7	Yes	Yes	No	No	No	0	IVMP,Pred	с	<i>—</i>
73         Female         IG1         6         Yes         No         No </td <td>62</td> <td>Male</td> <td>LG11</td> <td>7</td> <td>Yes</td> <td>No</td> <td>No</td> <td>No</td> <td>No</td> <td>2</td> <td>IVDXM</td> <td>ŝ</td> <td>-</td>	62	Male	LG11	7	Yes	No	No	No	No	2	IVDXM	ŝ	-
71         Male         GABAR         6         Yes         No         No         Lung cancer         1         Nu           17         Fernale         MMDAR         6         Yes         No         No<	74	Female	LGI1	9	Yes	No	No	No	No	2	IVMP,IVIg, Pred	ŝ	-
17         Female         NMDAR         6         Yes         No         No         Ovarian treatoma         1         N           16         Female         NMDAR         6         Yes         No         No <t< td=""><td>71</td><td>Male</td><td>GABABR</td><td>9</td><td>Yes</td><td>Yes</td><td>No</td><td>No</td><td>Lung cancer</td><td>-</td><td>IVMP,Pred</td><td>4</td><td>9</td></t<>	71	Male	GABABR	9	Yes	Yes	No	No	Lung cancer	-	IVMP,Pred	4	9
16         Female         NMDAR         6         Yes         N0         N0         Coarian terationa         1         N1           71         Male         UGI         5         Yes         N0	17	Female	NMDAR	9	Yes	No	No	No	Ovarian teratoma	-	IVMP,IVIg,PLEX,Pred	4	-
71         Male         LGII         5         Yes         No         Yes         No         Yes         No         No         No         1         No           38         Male         NMDAR         5         Yes         No	16	Female	NMDAR	9	Yes	No	No	No	Ovarian teratoma	-	IVMP,IVIg, Pred	ŝ	0
88         Male         MMDAR         5         Yes         No         No <t< td=""><td>71</td><td>Male</td><td>LGI1</td><td>5</td><td>Yes</td><td>Yes</td><td>No</td><td>Yes</td><td>No</td><td>-</td><td>IVMP</td><td>S</td><td>-</td></t<>	71	Male	LGI1	5	Yes	Yes	No	Yes	No	-	IVMP	S	-
39         Female         CASPR2         5         Yes         No	58	Male	NMDAR	5	Yes	No	No	No	No	0	IVMP,Pred	3	-
34         Female         GABAR         5         Yes         No	39	Female	CASPR2	5	Yes	No	No	No	Thymoma	-	IVMP,IVIg, Pred	ŝ	0
55         Female         GABABR         4         Yes         No	34	Female	GABABR	5	Yes	Yes	No	No	No	-	IVMP,IVIg, Pred	4	0
49         Female         LG1         4         Yes         No         No <t< td=""><td>55</td><td>Female</td><td>GABABR</td><td>4</td><td>Yes</td><td>Yes</td><td>No</td><td>No</td><td>No</td><td>-</td><td>IVMP,Pred</td><td>ŝ</td><td>0</td></t<>	55	Female	GABABR	4	Yes	Yes	No	No	No	-	IVMP,Pred	ŝ	0
34         Male         Not detected         4         Yes         No	49	Female	LGI1	4	Yes	No	No	No	No	0	IVMP,Pred	4	0
25         Female         NMDAR         4         Yes         No         No         Ovarian teratoma         1         N           17         Female         CASPR2/NMDAR         4         Yes         No	34	Male	Not detected	4	Yes	No	No	No	No		IVMP,IVIg, Pred	ŝ	0
17         Female         CASPR2/MMDAR         4         Yes         No         Yes         No         Yes         No	25	Female	NMDAR	4	Yes	No	No	No	Ovarian teratoma	-	IVMP,IVIg, Pred	c	0
74         Male         CASPR2         3         Yes         No         <	17	Female	CASPR2/NMDAR	4	Yes	No	No	Yes	No	0	IVDXM	m	0
73         Male         NMDAR         3         Yes         No         Yes         No         No         Yes         No         No         Yes         No	74	Male	CASPR2	e	Yes	No	No	No	No	-	IVMP,IVIg, Pred	m	0
72         Female         NMDAR         3         No         No         Yes         No         No         No         Yes         No         No </td <td>73</td> <td>Male</td> <td>NMDAR</td> <td>e</td> <td>Yes</td> <td>No</td> <td>No</td> <td>No</td> <td>No</td> <td>0</td> <td>IVMP</td> <td>c</td> <td>0</td>	73	Male	NMDAR	e	Yes	No	No	No	No	0	IVMP	c	0
21         Female         LG1         3         No         Yes         Ganglioglioma         1         Nu           20         Male         CASPR2         3         No         No         Yes         No         2         No           55         Female         NMDAR         2         Yes         No         No         No         No         2         No           55         Female         NMDAR         2         Yes         No         No         No         No         1         No           55         Female         NMDAR         2         Yes         No         No         No         No         1         No           32         Male         LG1         1         No	72	Female	NMDAR	m	No	No	No	Yes	No	-	None	<del>, -</del>	<del></del>
20         Male         CASPR2         3         No         No         No         Yes         No         Yes         No         Yes         No         Yes         No         Yes         No	21	Female	rgi1	m	No	Yes	No	Yes	Ganglioglioma	–	None	-	—
62         Male         NMDAR         2         Yes         No         No <t< td=""><td>20</td><td>Male</td><td>CASPR2</td><td>ſ</td><td>No</td><td>No</td><td>No</td><td>Yes</td><td>No</td><td>2</td><td>None</td><td>-</td><td>-</td></t<>	20	Male	CASPR2	ſ	No	No	No	Yes	No	2	None	-	-
55         Female         NMDAR         2         Yes         No	62	Male	NMDAR	2	Yes	No	No	No	No	–	IVMP,Pred	4	e
53         Female         NMDAR         2         Yes         No	55	Female	NMDAR	2	Yes	No	No	No	No	–	IVMP,IVIg, Pred	4	2
32       Male       CASPR2       2       Yes       No       No       No       No       1       W         72       Male       LGI1       1       No       No       No       Yes       No       1       No         68       Male       LGI1       1       No       No       No       Yes       No       1       No         52       Male       NMDAR       1       No       No       No       Yes       No       1       No         36       Male       NMDAR       1       No       No       No       No       1       No         17       Female       CASPR2       1       No       No       No       1       No         17       Female       NMDAR       1       No       No       No       1       No         17       Female       NMDAR       1       No       No       No       1       No         17       Male       NMDAR       1       No       No       No       1       No         17       Male       NMDAR       1       No       No       No       1       No       1       No <td>53</td> <td>Female</td> <td>NMDAR</td> <td>2</td> <td>Yes</td> <td>No</td> <td>No</td> <td>No</td> <td>No</td> <td>0</td> <td>IVMP,Pred</td> <td>с</td> <td>0</td>	53	Female	NMDAR	2	Yes	No	No	No	No	0	IVMP,Pred	с	0
72         Male         LGI         1         No         No         Yes         No         1         No           68         Male         LGI1         1         No         No         No         Yes         No         1         No           52         Male         NIDAR         1         No         No         No         Yes         No         1         No           36         Male         NMDAR         1         No         No         No         No         1         No           17         Female         CASPR2         1         No         No         No         No         1         No           14         Male         NMDAR         1         No         No         No         1         No           14         Male         NMDAR         1         No         No         1         No           16         Female         NMDAR         1         No         No         1         No         1         No           16         Female         NMDAR         1         No         No         1         No         1         No	32	Male	CASPR2	2	Yes	No	No	No	No	-	NDXM	2	<del></del>
68         Male         LGI         1         No         No         Yes         No         1         No           52         Male         NMDAR         1         No         No         No         Yes         No         1         No           36         Male         NMDAR         1         No         No         No         No         0         No         1         No           17         Female         CASPR2         1         No         No         No         No         1         No           14         Male         NMDAR         1         No         No         No         1         No           14         Male         NMDAR         1         No         No         No         1         No           10         Female         NDAR         1         No         No         1         No	72	Male	1101	-	No	No	No	Yes	No	-	None	<del>, -</del>	0
52         Male         NMDAR         1         No         No         No         Yes         No         0         Nu           36         Male         NMDAR         1         No         No         No         No         1         No           17         Female         CASPR2         1         No         No         No         No         1         No           14         Male         NMDAR         1         No         No         No         1         No           10         Female         NMDAR         1         No         No         Yes         No         1         No           10         Female         NMDAR         1         No         No         No         1         No	68	Male	rgi1	-	No	No	No	Yes	No	–	None	<del></del>	-
36         Male         NMDAR         1         No         No         No         No         No         1	52	Male	NMDAR	1	No	No	No	Yes	No	0	None	<del>,</del>	0
17         Female         CASPR2         1         No         No         No         No         No         1         N           14         Male         NMDAR         1         No         No         No         1         No         <	36	Male	NMDAR	1	No	No	No	No	No		None	<del>,</del>	0
14 Male NMDAR 1 No No Yes No 1 No 10 Female NMDAR 1 No No Yes No 1 N	17	Female	CASPR2	1	No	No	No	No	No	-	None	<del>, -</del>	-
10 Female NMDAR 1 No No Yes No 1 N	14	Male	NMDAR	-	No	No	No	Yes	No	-	None	-	0
	10	Female	NMDAR		No	No	No	Yes	No	<del>,</del> —	None	<del>,</del>	0

Age	Sex	NSAbs	APE2 Score	Clinical :	MRI limbic	Epilepsy	Video-EEG	Concomitant tumor	ASM	Immunity therapy	mRS	
				diagnosis of AE	system	risk factors	epileptirorm discharge				On admission	Six months later
01	Male	NMDAR	-	No	No	No	No	No	-	None	-	-
ø	Female	GABABR	1	No	No	No	Yes	No	-	None	<i>—</i>	0
2	Female	NMDAR	1	No	No	No	Yes	No	0	None	<del>,</del>	-
IVMPI	travenous r	methylprednisolone, <i>l</i> i	VIg Intravenous im	1// ///	'DXM Intravenou	s dexamethason	ie, <i>PLEX</i> Plasma exc	change, <i>Pred</i> Prednison				

(continued)
2
ğ
Ta



primary sequences included cross-sectional T1WI, T2WI, DWI, and fluid-attenuated inversion recovery (FLAIR) sequences, with a scanning slice thickness of 5 mm. Unilateral or bilateral abnormal signals in the medial temporal lobe WERE was observed in 12 patients,

including eight unilateral and four bilateral; six patients in the AE group and six in the non-AE group.

Example 1: A 34-year-old female with a diagnosis of GABABR encephalitis. The brain MRI scan showed that the bilateral hippocampus was swelling, with a



high signal in T2W1 and a high signal in Flair. such abnormal signals in the hippocampus completely disappeared after Six months of immunotherapy (Fig. 2). Example 2: A 21-year-old female was diagnosed with ganglioglioma and positive serum LG1. The brain MRI scan showed a round mass of about 2.0\*1.6 cm in the right temporal lobe, with a slightly high signal on T2W1 and a high signal on Flair. Postoperative followup showed that T2W1 was hyperintensity and Flair was hyperintensity (Fig. 3).

Variables	ß value	SE value	Wald v <sup>2</sup> value	<i>P</i> value	OB value (95%Cl)
	p vulue	SE value		, value	
Gender	-0.931	1.297	0.515	0.473	0.394 (0.031 ~ 5.007)
Age (years)	0.037	0.031	1.403	0.236	1.038 (0.976~1.103)
NSAbs positive	4.07	1.581	6.623	0.01	58.555 (2.639~1299.231)
APE2	2.189	0.737	8.83	0.003	8.929 (2.107~37.835)
MRI abnormalities	-0.421	1.729	0.059	0.807	0.656 (0.022~19.445)

 Table 3
 Multivariate analysis of early predictors of initial immune-related seizures

Variable assignment: gender, male = 1, female = 2; age, actual value; NSAbs positive, no = 0, yes = 1; APE2, actual value; abnormal brain MRI, no = 0, yes = 1

#### Long-range video EEG

All patients underwent long-range video EEG monitoring using Nihon Kohden 1100-K long-range EEG monitoring system (64 channels). Interictal epileptiform discharges (IEDs) were observed in 120 patients, including five patients in the AE group. Sixteen cases showed focal slow wave activity or rhythm, among them ten subjects were AE. 18 patients showed no abnormality, among them 8 subjects were AE.

#### **Concomitant tumor**

There were 4 cases of NMDAR(+) with ovarian teratoma, 1 case of GABABR(+) with lung cancer, and 1 case of CASPR2(+) with thymoma. The serum antibody titer of patients with tumor was higher than that of patients without tumor.

# Multivariate analysis of early predictors of initial immune-related seizures

The results showed that NSAbs and APE2 scores were independent factors for the early prediction of initial immune-related seizures (P < 0.05, Table 3).

#### Discussion

There has been an immense improvement in our understanding of immune-related seizures with the development of NSAbs detection technology in recent years. This study aimed to investigate the early predictors of immune-related seizures based on clinical features and neuroimaging, EEG, and NSAbs.

NSAbs, as biomarkers for the early identification of AEs, are valuable for immune-related seizures [13]. Several studies have shown that the positive incidence of NSAbs in the serum of epilepsy patients without genetic, structural, or metabolic etiologies is 15–20% [14–16]. Currently, in the diagnostic criteria of AE [7], three months is the time limit for subacute onset. However, recent studies have shown that the onset of antibody-mediated seizures is occasionally indeterminate, even weeks or months before the diagnosis of an AE. Therefore, it is difficult to define an operational

time definition [17] clinically. In this observational study, we found NSAbs-positive serum or cerebrospinal fluid prevalence in 22.1% of 154 patients with initial "unknown etiology" seizures with a duration of  $\leq 6$  months. These results suggest that even in patients with epileptic seizures of "unknown etiology" with a period longer than three months, testing for NSAbs is still clinically significant and might increase the recognition of immune-associated epileptic seizures.

A prospective clinical study found that neuronal antibody positivity in adults with new-onset epilepsy was not supportive of an immune etiology [18]. Here, 12/34 (35.2%) of NSAbs-positive patients had only a single seizure without other clinical features of AE. After treatment with ASM alone, the patients exhibited a good prognosis, and no new AE symptoms were observed during long-term follow-up, which was not consistent with the diagnosis of AE. This result showed that in patients with epileptic seizures with initial "unknown etiology," NSAbs positivity could not be used as the only basis for immune etiology and needs to be combined with the clinical characteristics of patients, which was consistent with the results of the Zelano et al. [18].

FBDS is a characteristic manifestation of LGI1 encephalitis. The literature has reported that FDG-PET in patients with FBDS often indicates metabolic abnormalities in the basal ganglia, indicating that FBDS may be subcortical epilepsy [19, 20]. In this group of LGI1 patients, 5/6 (83.3%) developed FBDS at different stages of the disease. One patient had frequent attacks of FBDS in the early stage of the disease. Combination therapy of the two ASMs was reported to be ineffective. During the ictal and interictal periods, EEG showed no epileptiform discharges, blood and cerebrospinal fluid NSAbs were negative, and the APE2 score was 7. Post clinical diagnosis of antibody-negative AE and simultaneous pulse therapy with methylprednisolone, the seizures gradually reduced and eventually disappeared. The APE2 score made up for the insufficiency of NSAbs detection. However, we also found it sometimes difficult to distinguish viral encephalitis from AEs using the APE2 score. NSAbs

test results could be used as a good supplement, but the second-generation sequencing technology for viral etiology is not very popular in China. Therefore, diagnosing antibody-negative immune-related seizures must be done carefully to avoid magnification of the diagnosis.

Among the patients diagnosed with immune-related seizures, each subtype of NSAbs was 42.9% for NMDAR, 23.8% for LGI1, 14.3% for GABABR, 14.3% for CASPR2, and 4.7% for CASPR2 and NMDAR double-antibody positive, consistent with previous studies [15]. Also, the sensitivity of NSAbs detection in serum and cerebrospinal fluid samples of patients with different subtypes was variable [21, 22]. The positivity rate of cerebrospinal fluid in NMDAR subtypes was higher than that in serum, while LGI1 and CASPR2 were the opposite; for patients with combined tumors, antibodies were more easily detected in serum. We found that low serum titers (1:10) of NMDAR were insignificant in patients with seizures alone, and serum antibody titers were significantly higher in patients with tumors than those without tumors. It is suggested that detecting NSAbs in cerebrospinal fluid and serum is the best choice in patients with suspected immune-associated epileptic seizures. However, due to patient cooperation and informed consent, cerebrospinal fluid testing is sometimes difficult to implement.

APE2 is a predictive model established based on clinical assessment and related auxiliary examination results and can be easily operated in clinical practice. Husari et al. proposed that NSAbs should be detected in all epilepsy patients with unknown etiology and APE2 score  $\geq 4$  [12]. This study showed that the APE2 score  $\geq 4$  accounted for approximately 73.9% of patients with AE. Currently, the clinical application of domestic antibody detection is limited by time and technology. APE2 could be used as an effective supplement to antibody detection in early clinical evaluation, especially patients with "unknown etiology" epilepsy underwent antibody detection before or without antibody detection conditions. Also, patients with APE2 scores > 4 should be tested for NSAbs in cerebrospinal fluid. Better sensitivity and specificity results also indicated that for patients with APE2 score  $\geq$  4, NASbs detection in CSF and serum could be performed simultaneously; for patients with APE2 score < 4, serum detection alone could be considered.

In this study, we also found that "immune" and "structural" etiologies could occur simultaneously in a patient. Brain MRI is one of the etiological examinations for initial epilepsy or encephalitis, especially the abnormal signal of T2/FLAIR in one or both medial temporal lobes could indicate AE [23]. Our study showed that 6/23 (26.1%) patients in the AE group had abnormal neuroimaging findings, supporting the findings of previous studies [24]. Although the results of multivariate analysis showed that brain MRI could not be used as an independent indicator for early prediction (P=0.807), the abnormal brain MRI lesions in a few patients with AE could be reversibly changed with immunotherapy (Fig. 2). In addition, a right temporal lobe space-occupying lesion was found on the brain MRI of one LG1-positive non-AE patient (Fig. 3), and the postoperative pathological diagnosis was ganglioglioma. Therefore, a brain MRI is necessary to evaluate the early etiology and prognosis of epileptic seizures. Epilepsy surgeons should fully consider immune etiologies in the preoperative evaluation of patients with temporal lobe structural disease [25].

The results of long-term video EEG showed that IEDs accounted for 77.9% of all patients. However, the detection rate of IEDs in patients with immune-associated epileptic seizures was not high, of which about 43.4% (10/23) showed focal slow wave activity or rhythm. However, some studies showed that IEDs might be a risk factor for the recurrence of epilepsy in patients with all types of AE [26].

Also, multivariate analysis showed that both NSAbs and APE2 were independent factors for the early prediction of immune-related seizures (P < 0.05). This further highlighted the importance of NSAbs and APE2 in the diagnosis and treatment of this disease. Guidelines including "A clinical approach to diagnosis of autoimmune encephalitis" [7] and "Expert Consensus on Diagnosis and Treatment of Autoimmune Encephalitis in China" [27] emphasize the importance of NSAbs; however, there needs to be greater awareness regarding the importance of APE2 score. Interestingly, it has been recently proposed that the diagnosis of AE should not be confined to positive antibody, but should be guided by clinical features [28]. Our study supports this conclusion and more attention needs to be paid to the early diagnosis and prognostic assessment of immunerelated seizures.

This study also had certain limitations: First, lack of longitudinal follow-up of antibody-positive cases. Second, although the results showed good statistical power, the number of samples was smaller than that of similar studies. In future studies, longitudinal longterm follow-up needs to be conducted based on the observation of a larger sample size, which would result in a comprehensive and in-depth analysis of the significance of NSAbs and APE2 scores in the diagnosis and treatment of immune-related seizures.

#### Conclusion

Our study found that immune-related seizures were more common with positive NSAbs and APE2 score  $\geq 4$ , and neuroimaging facilitated the diagnosis

of the disease. We demonstrated that NSAbs and APE2 scores could be used as early predictors of initial immune-related seizures. APE2 score combined with NSAbs detection could help early identification of immune etiologies while avoiding the expansion of detection scope and immunotherapy. Additionally, early immunotherapy was found to be beneficial for the prognosis of immune-mediated seizures. Patients with single seizures who were NSAbs-positive might not need immunotherapy. Our results provide a testable hypothesis for future RCTs study.

#### Abbreviations

AE: Autoimmuneencephalitis; AMPAR: a-amino-3-hydroxy-5-Methyl-4isoxazole propionic acid receptor; APE2: Antibody prevalence in Epilepsyand encephalopathy score; ASMs: Anti-seizuremedications; CASPR2: Anti-contactprotein-related protein-2; CBA: Cell-basedassay; FBDS: Facial-brachialdystonic seizures; FLAIR: Fluid-attenuatedinversion recovery; GABABR: Anti-gammaaminobutyricacid type B receptor; IEDs: Interictalepileptiform discharges; ILAE: InternationalLeague Against Epilepsy; LGI1: Anti-leucinerich glioma inactivated 1 antibody; mRS: ModifiedRankin Scale; NMDAR: N-methyl-Daspartatereceptor; NSAbs: Neuron-specificautoantibodies.

#### Acknowledgements

Thanks to Professor Shendi Chen who made helpful comments on the draft article.

#### Authors' contributions

XSS and WWC participated in the design, clinical data collection, statistical analysis, and writing the manuscript. XLZ evaluated data and helped with data analysis. HYP and CBH collected the EEG and MRI data and helped with the EEG and MRI evaluation. SYW and JYX participated in the design and coordination of the study, and were involved in reviewing and revising the manuscript. All authors read and approved the final manuscript.

#### Funding

This work was supported by General Program of Huai'an natural science fund projects (HAB 202045).

#### Availability of data and materials

The datasets generated and/or analysed during the current study are not publicly available because further publications are still being analysed from the data. However, data are available from the corresponding author on reasonable request.

#### Declarations

#### Ethics approval and consent to participate

All methods were performed in accordance with the ethical standards of the declaration of Helsinki. The study protocol was approved by the research ethics committee of Huai'an Third People's Hospital (No.2016-008). We obtained informed written consent from all subjects and their legal guardians.

#### **Consent for publication**

Not applicable.

#### Competing interests

The authors declare that they have no competing interests.

#### Author details

<sup>1</sup>Department of Neurology, Huai'an Third People's Hospital, No. 272, Huaihai West Road, 223001 Huai'an, China. <sup>2</sup>Department of Psychiatry, Huai'an Third People's Hospital, 223001 Huai'an, China.

Received: 8 September 2022 Accepted: 21 December 2022 Published online: 29 December 2022

#### References

- Fiest KM, Sauro KM, Wiebe S, et al. Prevalence and incidence of epilepsy: a systematic review and meta-analysis of international studies. Neurology. 2017;88(3):296–303.
- 2. Sipilä JOT, Kälviäinen R. Adult onset epilepsy incidence in Finland over 34 years: a nationwide registry study. Eur J Neurol. 2022;29(2):605–8.
- GBD 2016 Epilepsy Collaborators. Global, regional, and national burden of neurological disorders, 1990–2016: a systematic analysis for the global burden of Disease Study 2016. Lancet Neurol. 2019;18(5):459–80.
- Beghi E, Carpio A, Forsgren L, et al. Recommendation for a definition of acute symptomatic seizure. Epilepsia. 2010;51(4):671–5.
- Scheffer IE, Berkovic S, Capovilla G, et al. ILAE classification of the epilepsies: position paper of the ILAE Commission for classification and terminology. Epilepsia. 2017;58(4):512–21.
- Dalmau J, Graus F. Antibody-mediated encephalitis. N Engl J Med. 2018;378(9):840–51.
- Graus F, Titulaer MJ, Balu R, et al. A clinical approach to diagnosis of autoimmune encephalitis. Lancet Neurol. 2016;15(4):391–404.
- 8. Geis C, Planagumà J, Carreño M, et al. Autoimmune seizures and epilepsy. J Clin Investigat. 2019;129(3):926–40.
- Irani SR, Bera K, Waters P. Et a1. N-methyl-d-aspartate antibody encephalitis: temporal progression of clinical and paraclinical observations in a predominantly non-paraneoplastic disorder of both sexes. Brain. 2010;133:1655–67.
- Fisher RS, Acevedo C, Arzimanoglou A, et al. ILAE official report: a practical clinical definition of epilepsy. Epilepsia. 2014;55(4):475–82.
- Dubey D, Pittock SJ, McKeon A. Antibody prevalence in Epilepsy and Encephalopathy score: increased specificity and applicability. Epilepsia. 2019;60(2):367–9.
- 12. Husari KS, Dubey D. Autoimmune Epilepsy. Neurotherapeutics. 2019;16(3):685–702.
- McGinty RN, Handel A, Moloney T, et al. Clinical features which predict neuronal surface autoantibodies in new-onset focal epilepsy: implications for immunotherapies. J Neurol Neurosurg Psychiatry. 2021;92(3):291–4.
- 14. Dubey D, Singh J, Britton JW, et al. Predictive models in the diagnosis and treatment of autoimmune epilepsy. Epilepsia. 2017;58(7):1181–9.
- Brenner T, Sills GJ, Hart Y, et al. Prevalence of neurologic autoantibodies in cohorts of patients with new and established epilepsy. Epilepsia. 2013;54(6):1028–35.
- Dubey D, Alqallaf A, Hays R, et al. Neurological Autoantibody Prevalence in Epilepsy of unknown etiology. JAMA Neurol. 2017;74(4):397–402.
- 17. Steriade C, Britton J, Dale RC, et al. Acute symptomatic seizures secondary to autoimmune encephalitis and autoimmune-associated epilepsy: conceptual definition. Epilepsia. 2020;61(7):1341–51.
- Zelano J, Axelsson M, Constantinescu R, et al. Neuronal antibodies in adult patients with new-onset seizures: a prospective study. Brain Behav. 2019;9(11):e01442.
- Irani SR, Michell AW, Lang B, et al. Faciobrachial dystonic seizures precede Lgi1 antibody limbic encephalitis. Ann Neurol. 2011;69(5):892–900.
- Striano P. Faciobrachial dystonic attacks: seizures or movement disorder? Ann Neurol. 2011;70(1):179–80.
- Gresa-Arribas N, Titulaer MJ, Torrents A, et al. Antibody titres at diagnosis and during follow-up of anti-NMDA receptor encephalitis: a retrospective study. Lancet Neurol. 2014;13(2):167–77.
- Ni Y, Chen S. Advances of pathogenesis and clinical research in anti-Nmethyl-D-aspartate receptor encephalitis. J Shanghai Jiao Tong Univ (Medical Science). 2019;39(9):1095–9.
- Elkhider H, Sharma R, Kapoor N, et al. Autoimmune encephalitis and seizures, cerebrospinal fluid, imaging, and EEG findings: a case series. Neurol Sci. 2022;43(4):2669–80.
- 24. Douma B, Ben Younes T, Benrhouma H,et al. Autoimmune encephalitis in Tunisia: report of a Pediatric Cohort. J Immunol Res. 2021;2021:6666117.
- Li Y, Tymchuk S, Barry J, et al. Antibody prevalence in Epilepsy before surgery (APES) in drug-resistant focal epilepsy. Epilepsia. 2021;62(3):720–8.

- 26. Liu X, Guo K, Lin J, et al. Long-term seizure outcomes in patients with autoimmune encephalitis: a prospective observational registry study update. Epilepsia. 2022;63(7):1812–21.
- Neurology Branch of Chinese Medical Association. Expert consensus on the diagnosis and treatment of chinese autoimmune encephalitis. Chin J Neurol. 2017;50(2):91–8.
- 28. Rüegg S. Antineuronal antibodies and epilepsy: treat the patient, not the lab. J Neurol Neurosurg Psychiatry. 2021;92(3):230.

#### **Publisher's Note**

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

#### Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

#### At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

